## Techno Truths – A 2 day peek into the present and the future of Tech and Your Well Being

## DAY 1 - TECHNOLOGY

- ✓ Trends in technology
- ✓ Social Media
- ✓ Mobility
- ✓ Analytics and Big Data
- ✓ Cloud
- ✓ Internet of Things
- ✓ Artificial Intelligence & Machine Learning
- ✓ BlockChain
- ✓ Case Studies FinTech, Healthcare and Retail
- ✓ Demo
- ✓ How to secure your job for the next 10 years.
- ✓ The future

## DAY 2 - SPIRITUALITY IN A TECHNO WORLD

- Ψ Living in Spirit
- Ψ The four dimensions of well being
- Ψ Leading in an agile world
- Ψ Attracting abundance
- Ψ Communication in a noisy world
- Ψ The power of acceptance
- Ψ Dealing with multi-faceted people
- Ψ Tips for working in teams
- Ψ Thought culture
- Ψ The user manual for life
- Ψ Engineering from within
- Ψ Life hacking Tools
- ψ Technology for a better you